



Action Asia
MALAYSIA

in association with



2015 - Salomon Action Asia Malaysia - TRAIL run in assoc w OtterBox, NOV 29, 2015

10KM

Overall Top and Category Top Result

10KM OVERALL TOP 5 MEN

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
1	1	1	Heidilee Mohammad	M	Men 30-39	MYS	863		00:41:16
2	2	2	Muhammad Asdi Weding	M	Men 30-39	MYS	623		00:50:33
3	1	3	Mohd Nor Azuan Md Nor	M	Men 16-29	MYS	851		00:56:26
4	2	4	Amiruddin Nasir	M	Men 16-29	MYS	867		01:02:50
5	3	5	Bj Teoh (趙孟軍)	M	Men 30-39	MYS	619	BJ & Co	01:05:13

10KM OVERALL TOP 5 WOMEN

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
6	1	1	Melissa Lim	F	Women 16-29	MYS	859	SALOMON	01:06:31
9	2	2	Colleen Rosanna Augustin	F	Women 16-29	MYS	699		01:09:10
12	1	3	Marion Demeure Velazquez	F	Women 30-39	FRA	738		01:10:55
15	2	4	Mei Yan Looi	F	Women 30-39	MYS	761		01:11:26
17	3	5	Bee Lian Seah	F	Women 30-39	MYS	777		01:12:47

10KM TOP 3 Men 16-29

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
3	1	3	Mohd Nor Azuan Md Nor	M	Men 16-29	MYS	851		00:56:26
4	2	4	Amiruddin Nasir	M	Men 16-29	MYS	867		01:02:50
10	3	8	Abdul Halim Mohd Ayob	M	Men 16-29	MYS	842		01:09:33

10KM TOP 3 Men 30-39

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
1	1	1	Heidilee Mohammad	M	Men 30-39	MYS	863		00:41:16
2	2	2	Muhammad Asdi Weding	M	Men 30-39	MYS	623		00:50:33
5	3	5	Bj Teoh (趙孟軍)	M	Men 30-39	MYS	619	BJ & Co	01:05:13

10KM TOP 3 Men 40-49

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
11	1	9	Raymond Ng	M	Men 40-49	MYS	663	Salomon	01:09:37
26	2	20	Wei Hsin Lim	M	Men 40-49	MYS	657		01:16:08
28	3	21	Chris Dalton	M	Men 40-49	GBR	644		01:17:29

10KM TOP 3 Men 50-59

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
14	1	11	Yok Poh Yeow	M	Men 50-59	MYS	693		01:11:11
23	2	17	Mun Lye	M	Men 50-59	MYS	687		01:15:38
36	3	28	Stephen Hagger	M	Men 50-59	GBR	683		01:20:00

10KM TOP 3 Men 60+

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
18	1	13	Cheng Leng Ng	M	Men 60+	MYS	695		01:13:34
24	2	18	Mike Grover	M	Men 60+	GBR	694	MARDI RUNNERS MALAYSIA	01:15:53
177	3	114	Yee Tuck Wong	M	Men 60+	MYS	696		02:05:04

10KM TOP 3 Women 16-29

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
6	1	1	Melissa Lim	F	Women 16-29	MYS	859	SALOMON	01:06:31
9	2	2	Colleen Rosanna Augustin	F	Women 16-29	MYS	699		01:09:10
20	3	6	Chelsea Messinger	F	Women 16-29	USA	713		01:15:13

10KM TOP 3 Women 30-39

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing
									Finish Time
12	1	3	Marion Demeure Velazquez	F	Women 30-39	FRA	738		01:10:55
15	2	4	Mei Yan Looi	F	Women 30-39	MYS	761		01:11:26
17	3	5	Bee Lian Seah	F	Women 30-39	MYS	777		01:12:47



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Overall Top and Category Top Result

10KM TOP 3 Women 40-49

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing Finish Time
33	1	8	Lorna Wong	F	Women 40-49	MYS	832		01:19:21
41	2	9	Kathy Keiser	F	Women 40-49	NLD	811		01:21:02
45	3	11	Su Yin Teoh	F	Women 40-49	MYS	828		01:21:53

10KM TOP 3 Women 50-59

Rankings									
Overall	Category	Gender	Name	Gender	Category	Nationality	BIB	Team / Sponsor	Timing Finish Time
75	1	20	Lay Phing Lim	F	Women 50-59	MYS	837		01:31:33
106	2	35	Lee Chin Liew	F	Women 50-59	MYS	836		01:42:40
216	3	83	Cheng Choo Tan	F	Women 50-59	MYS	838		02:17:07